



LA CADIERE D'AZUR Un village de caractère

LA CADIERE ACCESSIBLE

Practical Guide 2022-23



TOURISM HOUSE OF LA CADIERE D'AZUR



1



PRACTICAL GUIDE

This guide has been designed to offer an offer in our village in accordance with the disabled people who stay there. We want to facilitate and make your stay pleasant. For this, you will find addresses where you can eat and various information. Enjoy the Cadiere d'Azur.

For information purposes, the establishments listed in this guide have been visited to ensure their accessibility. However, this information has not been confirmed by the Tourism and Disability Association.

Here is a legend for pictograms to help you read:



- Pictograms for establishments accessible but not labelled



- Pictograms for Var Accessible



- Pictograms for establishments with the "Tourism and Disability" label



-Pictogram for establishments having obtained the national label of Atout France «Vignobles et découvertes»



-Pictogram for establishments with the national "Quality Tourism" brand

La Cadière d'Azur's Tourism House
+33 (0)4.94.90.12.56

E-mail : tourismecadiere@orange.fr

11 Place Charles de Gaulle, 83740 La Cadière-d'Azur

SUMMARY



PRACTICAL LIFE AND PUBLIC SERVICES 4



HEALTH INFORMATIONS

6



TRANSPORT SERVICES

7



PARKINGS AND TOILETS

9



ACCOMMODATIONS AND EATING

12



LOCAL CRAFTS AND LOCAL PRODUCTS

19



CULTURE AND LEISURES

24

EMERGENCY NUMBERS

28




PRACTICAL LIFE AND PUBLIC SERVICES

➤ TOWN HALL

Place Jean Jaurès, 83740 La Cadière d'Azur

Administrative reception office 1st floor of the Town Hall Annex

 **+33 (0)4.94.98.25.25 / www.lacadieredazur.com**

→ **Home of the town hall**
Rue Aristide Briand, 83740 La Cadière d'Azur

Grouping all administrative services for persons with disabilities under construction.

Parking Charles de Gaulle, reserved parking space.



➤ COMMUNITY HALLS

 → **Salle Fontanarosa**

Place Charles de Gaulle 83740 La Cadière d'Azur
Wheelchair path with ramp.

 **+33 (0)4.94.98.25.25 / www.lacadieredazur.com**

 → **Espace Culturel**

Place Charles de Gaulle 83740 La Cadière d'Azur
Toilets and parking space for people with reduced mobility.

 **+33 (0)4.94.98.25.25 / www.lacadieredazur.com**



➤ TOURISM HOUSE



Maison des Gardes, 11 Place Charles de Gaulle, 83740 La Cadière d'Azur. At the Charles de Gaulle car Park entrance:



Toilets adjoined outside, not accessible for motor handicap and inside the House accessible to all.



+33 (0)4.94.90.12.56, e-mail : tourismecadiere@orange.fr / www.tourisme-lacadieredazur.fr



➤ THE POST OFFICE

10, rue Gabriel Péri 83740 La Cadière d'Azur



+33 (0)4.94.98.25.80

➤ BANKS



→ Crédit Agricole

Place Charles de Gaulle 83740 La Cadière d'Azur

A reserved parking space in front of the bank & sliding access



+33 (0)826.08.47.61



→ Caisse d'Epargne

Avenue de la Libération 83740 La Cadière d'Azur

A reserved parking space in front of the bank



+33 (0)826.08.37.73

➤ BAKERIES



→ Boulangerie « Au Pain Cadiéren »

Avenue de la Libération 83740 La Cadière d'Azur

Under the Tourism House, is accessible. There is a passage for wheelchairs.  **+33 (0)4.94.98.23.51**



→ Boulangerie SIMONE

Route de Bandol, 83740 La Cadière d'Azur





HEALTH INFORMATION



➤ DRUGSTORE

Avenue de la Libération 83740 La Cadière d'Azur

Ground level & reserved parking space next to the entry.



+33 (0)4.94.90.10.14



➤ GENERAL PRACTITIONERS

→ **Dr Roux** : **+33 (0)4.94.90.10.91**

Avenue de La Libération 83740 La Cadière d'Azur

2 reserved parking places & 2 accesses (with or without stairs)



→ **Dr Siblot/Lacroix** : **+33 (0)4.94.90.04.40** - 100 av

Magloire Giraud 83740 La Cadière d'Azur



→ **Dr Amendola** : **+33 (0)4.94.90.10.03** partly accessible,

25 av Vincent Négrel 83740 La Cadière d'Azur



➤ PEDICURIST-CHIROPODIST

→ **Mme BENLEFKI** **+33 (0)4.94.24.57.25**

25 av V. Négrel 83740 La Cadière d'Azur



➤ OSTEOPATHS

Mr et Mme ERHARDY : **+33 (0)4.89.30.47.05** & **Mr BARY**: **+33 (0)4.94.32.42.76** ground level, 121 *chemin de Bandol*

Mr Daga : **+33 (0)4.94.90.06.62** 376 av Libération, 83740 La Cadière d'Azur, ground level



➤ **DENTIST** : **Mme Tricon** : **+33 (0)4.94.09.48.82**, ground level, 121 *chemin de Bandol* 83740 La Cadière d'Azur



➤ PHYSICAL THERAPIST

→ **Mme VAUTIER** : **+33 (0)4.94.98.20.07**, reserved parking space, ground level, *Av. Libération* 83740 La Cadière

→ **Mr et Mme HONORE** : **+33 (0)4.94.09.29.56**, 100 Av. *Magloire Giraud* 83740 La Cadière



TRANSPORT SERVICES

➤ Station SNCF

 → Toulon train station

Place de l'Europe 83200 Toulon,  36.35
+33 (0)8.92.35.35.35/ www.voyages-sncf.com

SNCF is committed to disabled users with a free service:
Access more. Reception and accompaniment service, form to be filled out for booking the service at least 48 hours before the journey. Available in Braille version at the station reception and sales counters.

 → Toulon bus station

Boulevard Tessé 83 000 Toulon

Access ramps and elevators (tactile keys and voice)

Reception desk accessible and sanitary equipped.

 **+33 (0)8.09.40.00.13**



➤ PUBLIC TRANSPORTS

 → Bus ZOU

Standard buses, disabled access with PMR ramps
Réseau ZOU,  **+33 (0)8.09.40.00.13 /**

<https://zou.maregionsud.fr/>

VARLIB
DEVIENT
ZOU!

ZOU!

Si simple et tellement Sud !



RÉGION
SUD
PROVENCE
ALPES
CÔTE D'AZUR




 → **Bus Réseau Mistral**

On the municipalities around La Cadière d'Azur (12). From Monday to Saturday 7:00am to 7:30pm with equipped minibus.



 **+33 (0)4.94.03.87.00**

➤ **TAXIS**

 Taxis Régis in La Cadière: cars are not equipped for wheelchairs.

 **+33 (0)6.09.54.41.65 or 06.15.03.91.44**



 ➤ **SPECIALIZED TRANSPORT**

→ **Azur accompagnement (La Seyne sur Mer)**

178, avenue d'Estienne d'Orves, 83500 La Seyne sur Mer

9-seater vehicle for people with reduced mobility

 **+33 (0)4.94.90.41.30 or 06.76.99.13.21**

E-mail : **benoit.bizot@gmail.com**





PARKINGS AND TOILETS

➤ FREE PARKINGS

 → **Place Charles de Gaulle**

Place Charles de Gaulle, 83740 La Cadière d'Azur

2 reserved parking spaces in front of Crédit Agricole Bank and a reserved Drop-off in front of La Cadière Tourism House. 2min walk from the parking lot to the Tourism H.

 → **La Font d'Abeille**

La Font d'Abeille, 83740 La Cadière d'Azur

Old unused mill present on the parking lot, there are 2 reserved parking spaces. 7 min walk from the parking lot to the Tourism H., 3 min to get to the village.



 → **Parking des Anciens Combattants**

Parking des Anciens Combattants, 83740 La Cadière d'Azur

1 reserved parking space, widening of the sidewalks was done by the Town Hall. This makes it easier to travel safely on the Avenue de la Libération. There is also a charging station for 2 electric cars.



 → **Parking des Pénitents Blancs**

Parking des Pénitents Blancs, 83740 La Cadière d'Azur

Numerous works carried out, 2 reserved parking spaces for people with disabilities.



 → **Parking Place Ste Madeleine**

Place Ste Madeleine, 83740 La Cadière d'Azur

1 reserved parking space.



 → **Parking Chemin des Aires Ste Madeleine**

Chemin des Aires Ste Madeleine, 83740 La Cadière d'Azur

1 reserved parking space.

 → **Parking Square Athanase Bonifay**

Square Athanase Bonifay, 83740 La Cadière d'Azur

There is no reserved parking space in this parking lot.

 → **Parking Louis Grena**

Louis Grena, 83740 La Cadière d'Azur

2 reserved parking spaces.



→ **Public Toilets**

wc

Avenue Henri Jansoulin, 83740 La Cadière d'Azur

Toilets free access to all, 5-6min from the Tourism H. on foot.
This one is made of dry stone. There is also a 30-minute parking stop nearby.





ACOMMODATIONS AND EATING

➤ ACOMMODATIONS

 → [Hostellerie Bérard ****](#)



Rue Gabriel Péri 83740 La Cadière d'Azur

Entrance on the ground floor, and parking space reserved for people with reduced mobility.

Drop-off possible in front of the entrance.

1 bedroom on the ground floor.

Hotel has free internet access and computers can be made available as well as a minitel-dialogue.

Emergency exits are also visible with pictograms.

 **+33 (0)4.94.90.11.43**

E-mail : berard@hotel-berard.com

www.hotel-berard.com





→ **Camping La Malissonne******

1845 CD 66, 83740 La Cadière d'Azur

Bungalow accessible to people with reduced mobility.

Shared sanitary facilities are partially accessible, and the pool can be accessed if accompanied.

 **+33 (0)4.94.90.10.60**, e-mail : malissonne@capfun.com

www.capfun.com



➤ **Catering**



→ **Restaurant René'Sens**

Rue Gabriel Péri 83740 La Cadière d'Azur

The Berard Son has a hearing disability. A star in the Michelin Guide, Master Chefs of France offering local and gastronomic flavours with some themed menus. The dining area is accessible according to the table allocation. When booking specify your situation. The toilets are also equipped.

 **+33 (0)4.94.90.11.43**



MICHELIN



E-mail : berard@hotel-berard.com

www.hotel-berard.com



→ **Domaine Carpe Diem**

20 rue des Aires St Madeleine, 83740

Chef: Loïc Bonnafoux, offers a menu according to the products of the morning market. Open all year only in the evening and closed on Monday. Only on reservation and payment by CB, check. Accessible on the terrace. Specify your situation when booking

 **+33 (0)4.94.46.18.69 / contact@domainecarpediem.com**
www.domainecarpediem.com



DOMAINE
CARPE DIEM
CHAMBRES D'HÔTES
& RESTAURANT





→ Le Regain



39 Rue M.Dormoy, 83740 La Cadière d'Azur

Traditional cuisine, all desserts are homemade. A menu that changes with the seasons according to the fresh products of the terroir. Open in the summer 7/7 and closed Sunday and Monday evening off-season. Accessible for motor handicap only on the terrace, specify your situation when booking.

 +33 (0)4.94.98.32.68

www.regain-cadiere.fr




→ La Petite Cave



11 rue Gabriel Péri, 83740 La Cadière d'Azur

Simple and gourmet cuisine of fresh products of the moment.

Open 7/7 noon and evening in season and off season closed on Sunday evening and Monday. Payment by check, cash, American Express. Accessible only on the terrace specify your situation when booking.  +33 (0)4.83.57.66.23



 → **La Table du Cadiero**

1 and 3 avenue Gabriel Péri, 83740 La Cadière d'Azur

Classic and gourmet cuisine with fresh produce.

Open 6/7 except Thursday, off season every lunch except Thursday and evenings open Friday-Saturday-Sunday.

Accessible only in terrace with motor handicap, specify your situation when coming or booking. Payment by check, CB, cash.

 **+33 (0)4.94.90.11.53**



 → **L'Arlequin**

1bis place Jean Jaurès, 83740 La Cadière d'Azur


Traditional cuisine and pizza with fresh produce. Free home delivery of pizza on La Cadière and nearby.

Closed on Monday and July-August open 7/7. Payment by CB and cash. Accessible on the terrace.  **+33 (0)4.98.03.76.23**



 → **Brasserie Centrale**

5-7-9 rue Gabriel Péri, 83740 La Cadière d'Azur

Traditional cuisine, express menu from Monday to Friday at noon. Open every day except Sunday evening, for dining every lunch and Saturday evenings during the summer 7/7. Accessible only on the terrace for motor handicap.  **+33 (0)4.94.90.10.73**
/ +33 (0)6.20.99.74.08



   → **Camion Pizza and Co La Cadière**

121 Chemin de la Cadière À Bandol, 83740 La Cadière-d'Azur

Serves all kinds of pizzas, chicken, coffee, desserts and drinks. Accepts reservations and can accommodate groups. Take away service or terrace in the parking lot.

 **+33 (0)7.87.60.12.34**





LOCAL CRAFTS AND LOCAL PRODUCTS

➤ LOCAL CRAFTS



→ **Atelier Cessou**

Rue Marx Dormoy 83740 La Cadière d'Azur

Entrance with a walk and basement not accessible to the motor handicap.

Regarding the workshop the rotation area is possible, however we recommend to be accompanied.



 **+33 (0)4.94.98.23.56. E-mail : tyces83@gmail.com**

➤ LOCAL PRODUCTS



→ **La Saint Comenne (shop)**

Chemin de St Côme-CD 266, 83740 La Cadière d'Azur

No reserved parking space in the parking lot but possible to park in front of the entrance. The path is level and the threshold of the entrance door is about 2cm but plate set up.

Some products are accessible because they are not very high.

Support and external assistance would be desirable.

 **+33 (0)4.94.90.09.46**

nouvellesaintcomenne@gmail.com





→ Le Moulin de St Côme

2690 Chemin de St Côme-CD 266, 83740 La Cadière d'Azur

A parking lot is located at the entrance of the shop on the ground floor, with a place reserved for people with disabilities.

The shop is accessible for motor handicap but not the visit of the production of olive oil located in the basement.



A group visit for people with mental disabilities can be booked.

 **+33 (0)4.94.90.11.51** / www.moulindesaintcome.fr



→ Coopérative « La Cadiérenne »



Quartier Le Vallon 83740 La Cadière d'Azur

Parking in front of the entrance with two reserved places.

The entrance is one-storey and tarred, thus the doors are wide and automatic.



 **+33 (0)4.94.90.11.06,**
E-mail : contact@cadierenne.com
www.cadierenne.com




→ Le Moulin de la Roque



1 Routes des Sources-CD82 83330 Le Castellet

The parking lot is located in front of the entrance with several reserved places. The entrance is level and paved with wide doors.

 **+33 (0)4.94.90.03.23,**
contact@laroque-bandol.fr
www.laroque-bandol.fr



→ Domaine du Gros Noré

675, Chemin de l'Argile, 83740 La Cadière d'Azur

Accessible reception room with equipped toilets and cellars. However, for the vault, we recommend to be accompanied because the manoeuvring space may not be optimal for people with reduced mobility.

 **+33 (0)4.94.90.08.50**
E-mail : alainpascal@gros-nore.com
www.gros-nore.com




  → **Domaines Bunan**

*Moulin des Costes, 338 bis Chemin de Fontanieu, 83740
La Cadière-d'Azur*



Visit of the estate and wine tastings. Equipped toilets and accessible cellars.

 **+33 (0)4.94.98.58.98, e-mail : bunan@bunan.com
www.bunan.com**



CULTURE AND LEISURES



➤ CULTURE

  → Public Library

Bâtiment Croix d'Or-Place Emile Préboist 83740 La Cadière d'Azur

Open on Wednesday from 04:30pm to 06:00pm and on Thursday from 09:30am to 11:30am.

 **+33 (0)4.94.98.23.93** / www.lacadieredazur.com

  → Cinéma Le Royal -Toulon

2 Rue du Dr Jean Bertholet, 83000 Toulon

All foreign films are presented in an original version with subtitles in French.

Our rooms are equipped with an audio system for the hearing impaired.

All three rooms are air-conditioned and wheelchair accessible.

www.cineroyaltoulon.com





→ Visit of the Village of La Cadiere

Tourism House, 11 Place Charles de Gaulle 83740 La Cadière d'Azur

Discover the ancient center and anecdotes while walking the alleys of the village. Once a month from May to October, 5euros per person. Info and booking at:

 **+33 (0)4.94.90.12.56**



→ Tour of the village with QR-Codes

A guided visit autonomous of the village. You just need to flash the QR-Codes with your smartphone and listen to the history of the street or building.

An easy – and free – system to use. Available in written or audio versions.



➤ LEISURE




→ **AromaSPA Berard**



*Rue du Vieux Presbytère, 83740
La Cadière*

Implementation of specific logistics for people with disabilities, particularly motor vehicles. Direct access to the SPA via rue du Moulin à Vent as well as access to the pool and treatment rooms for people with reduced mobility. Staff are always present on site.



The basin is also equipped with ramps, there is also an elevator allowing to communicate between the ground floor (basin) and the 1st floor (cabins of care).  **+33 (0)4.94.90.11.43 / www.hotel-berard.com**



→ **Roches Brunes Beach at Six-Fours**

268 Corniche de la Coudoulière, 83140 Six-Fours-les-Plages

Disabled beach facilities for disabled or disabled people.

Employees are trained to help people with disabilities use adaptive equipment such as a seahorse and quad to move on the sand and into the water, and 3 tiralos floating for the swimming of non-mobile.

For the visually impaired, there is also the “audioplage” system, a watch connected to solar-powered enclosures located on orange beacons at sea. Speakers indicate to the person and to

the emergency station the real-time position in the bathing area. An emergency button can be pressed in case of a problem, for a safe swimming.

There is also the beach of Lido and Portissol in Sanary sur mer but they only have a «tiralos» in terms of equipment. Accessible only to people with reduced mobility. With WC, shower and accessible changing rooms.



  → **« Plage Lumière » at La CIOTAT :**

The beach is now accessible through an accessibility ramp, two adapted chairs: a tiralos and a seahorse. The routes are also equipped with guide strips for visually impaired or visually impaired persons.

Shower and toilet also accessible on the beach as well as two reserved parking spaces.





→ **Golf Dolce Fregate**

Hotel Dolce Fregate, Route de Bandol, RD 559 83270 St Cyr-sur-Mer

Golf course equipped with two courses: one with 9 holes and the other with 18 holes.

Accessible by wheelchair, a cart allows to reach the field.

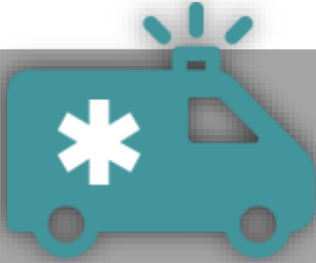
The Handigolf association organises competitions there.



 **+33 (0)4.94.29.38.00 / www.dolcefregate.com**



EMMERGENCY NUMBERS



15 Samu



17 Police-
Emergencies



18 Fire Brigade

 **114**

EMERGENCY NUMBER
FOR DEAF AND
HARD-OF-HEARING
PEOPLE

112



EUROPEAN
EMERGENCY
NUMBER

MAP OF THE VILLAGE

This document does not commit the responsibility of the Tourism House of La Cadriere d'Azur. If any information is incorrect, do not hesitate to contact us to remedy it. Also if you have any suggestions or feedback from your experience in the village to improve our guide.

For all the information collected, we remind you that these have not been validated by the Association "Tourisme et Handicap".



NB : Map of the Village of La Cadriere d'Azur defining all the streets with stairs available in the Tourism House of La Cadriere, 11 place Charles de Gaulle.





Follow us



Maison du Tourisme de la Cadière d'Azur



tourismecadiere



tourismecadiere@orange.fr



<https://tourisme-lacadieredazur.fr/>



+33 (0)4 94 90 12 56

